

What's On In Gorbals?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
MORNING	<p>Gorbalites St. Francis Hall 11am-3pm 50+ £2.50 Activities, outings, soup, tea Dancing & bingo</p> <p>Play and Share St Francis Centre 10.30-11.30 Children 3-5yrs and parents/carers.</p> <p>Complimentary Therapies (SEAL) St Francis Centre 10- 2pm by appointment Tel 4291238</p> <p>Fruit Barra (SEAL) St Francis Hall 11am-1pm</p> <p>Gorbals Gathering in The Barn, 10-2. Soup, tea & coffee & friendly faces</p> <p>Fitness & Health Drop-in The Barn 10.30-1</p> <p>Skills Development Scotland Adelphi Centre 9-5pm Drop-in for career guidance and employability CVs etc</p> <p>Jobs and Business Glasgow Mon – Wed Gorbals Library Help to get a job, to make apt., call free on 0300 123 2898</p> <p>ESOL testing Gorbals Library Mon - Fri by appointment contact 0141 4290949 for dates</p>	<p>Baby & Toddlers St Francis Centre 10-12 Birth to school Free - Donation Contact: Bridging the Gap 0141 4180241. Painting - soft Play Yogurt, fruit</p> <p>Walking Talking Toddle Tuesday TASK 9.30am Free Fortnightly from 27th March Healthy snack provided</p> <p>Complimentary Therapies (SEAL) St Francis Centre 10- 2pm by appointment Tel 4291238</p> <p>Stop Smoking Sessions - NHS Gorbals Health Centre 10am -12noon Contact 0141 232 4581 or 0800 028 5208</p> <p>Skills Development Scotland Adelphi Centre 9-5pm Drop-in for career guidance and employability CVs etc</p> <p>Sewing Group Deaf Connections 10-1 £2 Message to book a place 0141 420 1759</p>	<p>Gorbalites St. Francis Hall, 11am-3pm 50+ £2.50 Activities, outings, soup, dancing, bingo</p> <p>Wee Play St Francis Centre 10.15 -11.15am 2-5yrs Free Fun, play, physical activity</p> <p>Complimentary Therapies (SEAL) St Francis Centre 10- 2pm by appointment Tel 4291238</p> <p>Fruit Barra (SEAL) St Francis Hall 12.15 -1.30pm</p> <p>Sew n Sew's Gorbals Library 10.30-12.30 Free. Knitting, crochet, sewing</p> <p>Women's Exercise Group The Barn 9.30-11.30am</p> <p>High Rise Bakers 39 Waddell Court 9.30-3pm Sales from 12.30pm T: 0752 328 4397</p> <p>Sing for Health Gorbals Parish Church, 11.00 - 12.30 (for adults with additional support needs) contact before coming 07824776030, givin.it.laldie@gmail.com</p> <p>Craft Group Deaf Connections 10-1 £2 For BSL Users and friends</p>	<p>BIG Thursdays Drop- in Bridging the Gap 10.30-2.30 St Francis Hall. All ages, BIG Messy Play and Kids singing, ESOL,volunteering, freelunch</p> <p>Parent & toddlers TASK 9.30-11.30 Babies-school Just go along. Painting, playing outside, smoothies</p> <p>Toddlers Tales Gorbals Library 10.30 2-3yrs with parents/ carers</p> <p>Tower café 305 Caledonia Rd Lunch club 12.30-2.30pm</p> <p>Complimentary Therapies (SEAL) St Francis Centre 10- 2pm by appointment Tel 4291238</p> <p>Fruit Barra (SEAL) TASK 10.30-12.15</p> <p>Adult Literacy & Numeracy Gorbals Library 11 - 12 Contact Mary Rocks 0141 2761330</p> <p>Bonjour Les Petits The Barn, 10.30-11.30am. French story telling/songs for preschool children/parents.</p>	<p>Group for women The Community Room, Caledonia Rd Flats 9.30–11.30 meeting others , coffee & chat, new hobbies and skills. aileen.kenny@children1st.org.uk</p> <p>Macmillan @ Gorbals Library 10-2pm Free Call Annmarie on 0141 287 2860 Support & info to anyone affected by cancer.</p> <p>Job seeker support 10-12 NGHA Office. Phone 0141 4293900 for an appt</p> <p>Bookbug 10.30 -11.30am Free 0-5yrs The Barn. Some sessions include lunch. Call 0141 429 8139</p> <p>Rebound NHS St Francis Centre 9.30-11.30</p> <p>Skills Development Scotland Adelphi Centre 9-5pm Drop-in for career guidance and employability CVs etc</p> <p>High Rise Bakers 39 Waddell Court 9.30-3pm Sales from 12.30pm T: 0752 328 4397</p> <p>ESOL for Employability Gorbals Library 10am – 12 Free Access 3 level + For anyone from South Glasgow contact 0141 4290949</p> <p>Community Breakfast The Community Room 341 Caledonia Road 9am - 11am Free Breakfast rolls, a cuppa and a chat (Not Bank Holidays)</p>	<p>Kids' Tennis Gorbals Leisure Centre £4.10 9-10am (4-8yrs with parent) 10-11am 8-10yrs. 11am –12 11- 16yrs</p> <p>Glasgow Rowing Club The river at Silverfir Flats 8am 12+ Membership fee/ taster Go to website G.R.C.</p> <p>Citizens Theatre Kids drama classes Tel: 0141 4290022</p> <p>Russian School Adelphi Centre 3-16yrs 11am-2pm Contact Nina: 07551378314</p> <p>Nicola Sturgeon Surgery – Gorbals Library 2nd Sat Month 11.30am</p> <p>Councillor James Scanlon Surgery Hampden School 30 Logan St gardens third Saturdays at 10 30am</p> <p>(GWG)Gorbals Writing Group Gorbals Library 1st & 2nd Sat each month 10.30-11.30. Register by email gorbals.wg@gmail.com Website: www.gorbalswrites.wordpress.com</p> <p>Slimming World St Francis Halls 8am and 10am</p>	<p>Glasgow Rowing club The river at Silverfir Flats Any time after 8am 12+ Membership fee/taster Go to website G.R.C.</p> <p>Citizens Theatre Kids drama classes Tel: 0141 4290022</p> <p>Way to go Youth Café (Jogging) Meet at 39 Waddell (S1+) 11.30am-1pm Get fit, raise funds for charity or just have fun.</p> <p>Rose Garden Orchard Group Group meets some Sunday's Weather permitted rosegardenorchard@aol.co.uk</p>
	AFTERNOON	<p>Brass Band St Francis Centre 3 – 7pm Age 8+ Free Wind instruments provided or bring your own. Contact Lauren at the primary schools</p> <p>Well Baby Drop-in Gorbals Health Centre 1.30-3.30pm Free Support and advice for parents and carers of children 0-5yrs.</p> <p>Blaze Kids Club St Francis Centre 4-6pm. Fun activities. Age 4-12yrs Free – Registration Required Contact Loraine Devine info@sparcs-scotland.org</p> <p>Afterschool Crafty Club Gorbals Library 5-12yrs 3.30-4.45pm</p> <p>South East Recovery Aftercare Group (SERAG) Room 11, Adelphi Centre 1.30pm Business meeting. Support, opportunities to get involved and courses</p> <p>Friends of Southern Necropolis: Meet and Greet 1.30pm till 4.00 for anyone interested in the history of the cemetery, or just for a wee wander (Weather permitting, wear appropriate clothing and footwear)</p>	<p>Walking Group 12.30pm The Barn Tots tennis Gorbals Leisure Centre £3.10 12-12.30 & 12.20-1pm</p> <p>Friendship Group The Barn. Free 1.30-3.30 Adults</p> <p>Children's Choir Blackfriars & St Francis primary school 3-4.30pm P4-P7 For kids from those schools.</p> <p>GLAD Tuesdays Music Group Kids with Autism Age 8-12yrs 4.45-5.45 The Glad Cafe. G41 2HG Contact hearmymusic.org@gmail.com</p> <p>Universal Credit Online Application Support Gorbals Library Mon -Fri Call 0141 429 0949 Appointments all day</p> <p>Kids tennis Gorbals Leisure Centre 4-5pm (7-8yrs) 5-6pm (8-9yrs)</p> <p>Rebound NHS St Francis Centre 12.45-4.15pm</p> <p>Anxiety Class St Francis Centre 2-4pm</p> <p>Library Art Club 5-12yrs 3.30pm</p> <p>Fruit Barra (SEAL) In the Barn 1.30-3.30</p>	<p>Yoga Class (SEAL) St Francis Centre 12.30-2.30 Adults £2</p> <p>Bookbug TASK 1.30pm 0-5yrs Free Singing & stories for families. Some sessions include lunch – phone 0141 429 8139</p> <p>Brass Band St Francis Centre 5 till 7 8+ Free Wind instruments provided or bring your own. Contact Lauren at the primary schools</p> <p>Alsorts Kids Club St Francis Centre 4-6pm. Fun activities Age 4-12yrs Free – Registration Required Contact Loraine Devine info@sparcs-scotland.org</p> <p>Sing for Life Gorbals Parish Church Contact Givin' it Laldie 1.30-3pm All welcome Free</p> <p>Richmond Park Model Boat Club 11-4pm Meet at the Boat House www.glasgowrichmondmbc.co.uk</p> <p>Homework Club P5-7 Free Help with homework, craft club Gorbals Library 3.30-5pm</p> <p>Skills Development Scotland Adelphi Centre 2-3.30 groupwork on employability themes</p>	<p>Hutchie Art Club Blessed John Duns Scotus Church 1-4pm Adults £1 per week Contact: Isobel 4296084</p> <p>Tea Dance Gorbals Leisure Centre 12.30-3.30pm Adults Free</p> <p>Laurieston 50+ group 12.30 99-111 Eglinton St Community Rooms (Portocabin) Age 50+ Just go along</p> <p>Fruit Barra (SEAL) In Bridging the Gap Drop-in St Francis Hall 12.30-1.45pm</p> <p>Youth Fruit Barra (SEAL) 39 Waddell Court 2.15 – 3.45pm</p> <p>Way to go Youth Café (Mini Masterchefs) 39 Waddell Court (p6&P7) 3.15– 5.30pm(FREE)</p> <p>Walking Group (SEAL) Leaves from St Francis Centre 1.30pm. All welcome. NA Meeting St Francis Centre 2-3.30pm</p> <p>Bounce and Rhyme Gorbals Library 1-1.45pm 0-2yrs with parents and carers</p>	<p>Complimentary Therapies (SEAL) St Francis Centre 10- 2pm by appointment Tel 4291238</p> <p>Baby & Toddlers Gorbals Parish Church 1 Errol Gardens 1-2.45 pm Free-Donation 01414180241</p> <p>Drama- Community Collective Citizens Theatre at Scotland St School 2pm-4pm Free Drop-in adult drama group, no experience needed Tel: Neil Packham 418-6244.</p> <p>Kids Tennis Gorbals Leisure centre £4.10 4-5pm (7-8yrs) 5-6pm (9-10yrs) 6-7pm (11-16yrs)</p> <p>Topple The King Chess Club 1st Fri each month. The Barn 5pm T: 01414293254</p> <p>Gardening Group The Barn – phone 0141 429 3254 for all times and places</p> <p>Kids fun reading group Gorbals Library 3.30-4.30pm Primary age.</p> <p>The Sunshine Singers (for adults with additional support needs), Scotland Street School, 1.15 - 2.45, contact before coming along 07824776030 or email givin.it.laldie@gmail.com.</p>	<p>Citizens Theatre Kids drama classes St Francis Centre 10- 2pm by appointment Tel: 0141 4290022</p> <p>Hutcheson-town Bowling Club 9 Oatlands Gate G5 OAL Tel 4295019 12noon – 12pm 16+ Annual Membership £50/ Senior Citizens £35</p> <p>Coder Dojo Computer Fun Gorbals Library 1-2 & 2:00-3:30pm free Age 7+</p> <p>Parents in Recovery 2pm meet Wonderworld, Kinning Park (free entrance for all children with accompanied parent) Contact Claire 07577936228</p>

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EVENING	<p>Kids Tennis Gorbals Leisure centre £4.10 4-5pm (4-6yrs) 5-6pm (8-9yrs) 6-7pm (11-16yrs)</p> <p>Dance Fusion St Francis Centre 6-7pm. Adults</p> <p>Saint Francis pipe Band St Francis Hall 7-9pm 9+ Free www.saintfrancispipeband.com Bagpipes & drums</p> <p>Citizens Theatre Drama Night School. Adults Tel 0141 429 0022</p> <p>Way to go café (Girls Group) 39 Waddell Court 4.30-6.30pm 13-16yrs Free Tel: 0141 4293223 Range of activities</p> <p>The Barn Ages 8+ 5-7pm A drop in with a host of activities including D.I.Y Fashion, Art, Football, Cooking & Music. Tel 0141 429 3254</p> <p>Boxing Class Hayfield Centre 10+ £2 5.30-6.30 Adults £3 6.45-8pm Boxfit 7-7.30pm</p> <p>Fat Burn Extreme (FBX) 7.30-8pm £2-£4 CR Fitness & SEAL St Francis Centre 01414291238</p>	<p>Hayfield Dance Club Hayfield centre 5.30-8.30 Age 3 + £5 Hip Hop, Ballet, modern Contact Stephanie 01414290335.</p> <p>Way to go café Music Group 17 Waddell court 7pm-8.30 P6+</p> <p>Way to go café (junior drop in) Blackfriars primary 6-8pm 10+ (p6 & P7) Free Tel: 0141 4293223 Physical Activities, crafts Cooking, games consoles.</p> <p>Ballroom dancing St Francis Centre 7.30-9.30</p> <p>Bingo 341 Caledonia Rd Flats 8pm</p> <p>Citizens Theatre Drama Night School. Adults Tel 0141 429 0022</p> <p>The Barn Ages 12+ 6-8pm Includes Youth Committee, Duke of Edinburgh Awards 0141 429 3254</p> <p>Hutchesontown Community Council Meetings 3rd Tues of each month 7pm In St Francis Centre contact:jeffstewart2001@yaho.co.uk</p> <p>Irish Dance Class St Francis Centre 5-8pm</p> <p>Counselling Group St Francis Centre 7-8pm</p> <p>Councillor Siddique Surgery Gorbals Library 5.30-6.30pm 3rd Tues Month</p> <p>Councillor James Scanlon Surgery Blackfriars School, 310 Cumberland St, every third Tuesday at 6pm</p> <p>Kids' Football Teams</p> <p>Southside Stars Training Night Glasgow Green Football Pitches 6-7pm 07z (8-9yrs) 06/05 and 04z teams Contact John Fisher 07742414297</p>	<p>Glasgow Rowing Club The river at Silverfir Flats 4.30pm. Age 12+ Go to website G.R.C</p> <p>Gorbals Youth Group Blackfriars Primary 6.15-7.45 Free P6+ (up to 16yrs) info@southside-activities.org.uk</p> <p>Strum for Life Gorbals Parish Church Contact Givin' it Laldie 5.30-6.30pm Adults and kids P4 + Come and learn the guitar - guitars provided - Free</p> <p>Way to go café (Transition Group) 39 Waddell Court 6-7 pm Age S1 pupilsFree</p> <p>Way to go café (Senior drop in) 39 Waddell Court 7-9pm S1+ Free Tel: 0141 4293223 Range of activities</p> <p>Bingo 305 Caledonia Rd flats 8pm Just come along.</p> <p>Gorbals Community Choir 1 Errol Gardens 7.15-9pm 16+ Free</p> <p>The Barn Ages 8 - 12 5 - 7pm Junior session with Football, Art, Cooking and Homework Club. 0141 429 3254</p> <p>Boxing Class Hayfield Centre 10+ £2 5.30-6.30 Adults £3 6.45-8pm</p> <p>South East Recovery Aftercare Group (SERAG) 5.30-6.30pm Opiate Replacement Therapies Meeting Adelphi Centre, Room 11</p> <p>N.A. St Francis Centre 7-9pm</p> <p>Southside Stars Adults Team. Training Night Glasgow Green Football Pitches 7-8pm</p>	<p>Hayfield Dance Club Hayfield Centre 5.30-8.30 3 Upwards £5 Hip Hop, Ballet, Modern</p> <p>Karate St Francis Centre 6.15-7.15 5+ £20 a month.</p> <p>Bingo St Francis Hall 8pm £4.50 Just come along.</p> <p>The Barn Ages 12 + 6 - 8pm Senior Session that includes Employment Support, Cooking & Outdoor Activities. 0141 429 3254</p> <p>Richmond Park Model Boat Club boat building session 6-9.30 Meet at the Boat House www.glasgowrichmondmbc.co.uk</p> <p>Slimming World 5.30 -7.30pm Bld. John Duns Scotus Church, 270 Ballater St. Tel: Pauline 07554441427</p> <p>NA Meeting Gorbals Parish Church 8-9.30pm</p> <p>AA Meeting 8-9.30pm Blessed John Duns Scotus Church All welcome</p> <p>Southside Recovery Group St Francis Centre 6-9pm</p> <p>Councillor James Scanlon Surgery St Francis school last Thursday of the month at 6pm</p>	<p>Way to go youth café (Football) Glasgow Green 6-8pm S1+ Free T: 0141 4293223</p> <p>Saint Francis pipe Band St Francis Hall 7-9pm 9yrs + Free www.saintfrancispipeband.com Bagpipes & drums</p> <p>YOGA (SEAL) Adults St Francis Centre 6 - 8 pm £2 T: 01414291238</p> <p>RAFT Recovery community for Drug & Alcohol users & their families. Free St Francis Centre 4-8pm Massage, Fellowship meeting, Meditation, Family Support & Café Contact: John.McCann@ggc.scot.nhs.uk tel 07930929545</p> <p>SERAG Women's Support group Adelphi Centre 6-8pm Room 11</p> <p>Chas Bonnar Street Dance. St Francis Centre 6.30-8.30pm 10yrs +</p> <p>Film Club The Barn, CYCA Second Friday of Every Month 5pm-7pm. Phone 0141 429 3254 for more details</p> <p>BSL Social Club Deaf Connections, 100 Norfolk St. Every 4 weeks from 16th November 2018. 6-9pm £5 entry includes drink. Games, friendship, bar open. For level 1 & 2 BSL users. 0141 420 1759</p>	<p>Cocaine Anonymous "Saturday Night Fever in the Gorbals" Gorbals Parish Church Doors open at 7 and the Meeting is from 8-930</p> <p>Way to go Youth Café (Streetwork) Streetwork staff will be around every Saturday evening from 5.30-8.30 approx. Look out for us.</p>	<p>Bingo St Francis hall 8pm £4.50 Just come along</p>

GORBALS LEISURE CENTRE

There are between 10 and 20 fitness classes a day at Gorbals Leisure Centre on Ballater St as well as the swimming pool – too many to list here.

For their full timetable go to:
[http://glasgowclub.org/venues/pages/venue-](http://glasgowclub.org/venues/pages/venue-details.aspx?vn=SRGLC)
[details.aspx?vn=SRGLC](http://glasgowclub.org/venues/pages/venue-details.aspx?vn=SRGLC) or Phone 0141 2761490

Please help us get this right...

This information is correct to the best of our knowledge. If you find any errors or want to make changes email:
roz@bridging-the-gap.org or phone Bridging the Gap on 0141 418 0241.

Also **online** plus local one-off **events** at
www.thegorbals.co.uk/thegorbalscalendar.html

Events are also listed on www.gogetgorbals.org

The next version will be printed in APRIL 2019

