

Covid-19 Information and Support for G5 Residents

More information can be found
on the local facebook page:
G5 Covid Support

Emergency Food and Other Essentials

Scottish Government Food Parcels

If you have received a shielding letter, you are eligible for the Scottish Government's food parcel scheme. If you're unsure how to do this, call 0141 276 1185.

New Gorbals Housing Association (NGHA)

Providing emergency food parcels, prescription pick ups, fuel top ups and other support. Call 0141 429 3900 or email michaelfullerton@newgorbals.org.uk to arrange support or link to other services.

Gorbals Youth Cafe

Free lunches each weekday for young people aged 8 to 16, collection only. Weekly family meal activity packs, available for delivery. Contact via NGHA.

Bridging the Gap/Gorbals Parish Church Crossroads (The Barn)/DAWSUN

Limited essential food supplies and help with fuel top ups. Contact via NGHA.

Glasgow Central Mosque

Support for the elderly and vulnerable with hot meals, food parcels, shopping, and picking up medication. Call 0141 429 3132.

Link Up (Community Work)

Emotional and wellbeing support. Call 07871797850 for more information.

Glasgow Helps (Support Directory)

www.glasgowhelps.org

Urban Roots (Free Food Map)

www.urbanroots.org.uk/freefood

Fuel Support

If you require support to pay your energy bills, please contact New Gorbals Housing Association. They can signpost to the most relevant service for you.

Remember, you can also contact your own energy supplier if you are having difficulty with costs at this time. GHEAT can give you support to do this, contact them on 0800 092 9002.

GP Link Workers

GP Link Workers can provide ongoing support for social and community issues, including links to deliveries of essential supplies, benefits or financial information, advocacy, support and other issues. Each Link Worker is attached to the named GP practice.

Dr McEvinney and Partners

Kayleigh Stockley - 07973722620

Gordon Practice

Kirsty McDonald - 07929343320

Ker Practice

Carrie Donnelly - 07738765331

Mills and Marshall

Patients should contact the practice on
0141 201 5111.

Gorbals GP surgeries are open for non-Covid related reasons. Visit by appointment only.

Money and Benefits Advice

New Gorbals Housing Association

Tenants have access to NGHA's Welfare Rights Officers. Call 0141 429 3900.

Gorbals Law Centre

Call 0141 634 0313 or email mail@gorbalslawcentre.co.uk.

Money Matters

Call 0141 445 5221 or email advice@money mattersweb.co.uk.

Universal Credit Support Line

Call 0808 169 9901.

Citizens Advice Scotland

Call 0800 028 1456 or visit www.citizensadvice.org.uk

Activities

Children and Young People

Gorbals Youth Cafe - fb: WayToGo Youth Cafe
gorbalsyouthcafe1996@outlook.com

The Barn - fb: The Barn Youth Centre, 07548366680,
chris@cyca.org.uk, nickm@cyca.org.uk.

Bridging The Gap - fb: btglasgow

Giggle N Grow/Bookbug - fb: gogigglengrow

Activities For All

Live From Oor Living Room with Colin and Elsie. Quizzes, tours, story telling and more.

Fb: Live From Oor Living Room

New Gorbals Housing Association has gathered free online activities at
www.newgorbalsha.org.uk/covid-19

Other Support

NHS Inform (Coronavirus)

www.nhsinform.scot/coronavirus

Domestic Abuse Helpline

www.safer.scot 0800 027 1234

Parent Line 0800 028 2233

www.children1st.org.uk/parentline

Quit Your Way (smoke free service)

0800 916 8858

Children and Adolescent Mental Health

0141 201 5031

www.camhs-resource.co.uk

Breathing Space 0800 838 587

www.breathingspace.scot

Samaritans 116 123

www.samaritans.org

Mind Yer Time

www.mindyertime.scot

This leaflet was created in partnership with
local organisations, including:

Bridging the Gap
Crossroads Youth and Community Association
DAWSUN
Destiny Angels
Friends of Southern Necropolis
HSCP Health Improvement Team
Giggle N Grow
Gorbals Parish Church
Gorbals Youth Cafe
GP Link Workers
New Gorbals Housing Association
TASK Childcare

Information correct at 27th May 2020